

LGBTIQ+ Sport & Physical Activity Conference 2022

Friday 28th October at City of Glasgow College



LEAP
sports

Agenda

09:00 Registration with tea & coffee

09:30 Welcome from LEAP Sports, City of Glasgow College and Maree Todd - Minister for Public Health, Women's Health and Sport

10:00 Keynote on equality & human rights for LGBTIQ+ people in sport

10:45 Tea & coffee

11:15 Parallel sessions:

- 1) Developing community outcomes through sports events
- 2) Sport and physical activity for trans and gender diverse children and young people
- 3) Including non-binary people in sport
- 4) LGBTIQ+ changemakers in sport
- 5) Equality, human rights, FIFA and Qatar - where are we?

12:15 Lunch and networking

13:15 Plenary

- Interview with Zander Murray
- LGBTIQ+ sports updates

14:15 Tea & coffee

14:45 Parallel sessions

- 1) LBTI Women in Sport
- 2) Homophobia in Scottish Football: what's the score?
- 3) Improving LGBTIQ+ health and wellbeing through physical activity and sport
- 4) Engaging with trans people to improve participation in sport

15:45 Closing remarks

16:00 Finish

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Parallel sessions

11:15 to 12:15

1) Developing community outcomes through sports events

Room C.03.075

With Sarah Townsend - EuroGames, Andrew Stamp - Outrun Glasgow, Jon Holmes - Pride House Birmingham @Commonwealth Games, Ivan Tarapčák - G-Force Unicorns team @Tatras to Danube Relay

How well do targeted events and initiatives help improve participation and engagement in sport? Hear from grassroots sports events organisers on how their events improve outcomes for LGBTIQ+ people, and hear them discuss impact, legacy and challenges.

2) Sport & physical activity for trans and gender diverse children and young people

Room C.03.076

Dr. Heather Wood - Clinical Psychologist, Javier Gil & Marta Claver - Samarucs and Kelsey-Ann Caldwell- LEAP Sports

This session will look at the benefits of sport and physical activity for trans and gender diverse children and young people and hear some research from this area of work. There will be specific practice inputs from Scotland and Spain working to provide participation spaces.

3) Including non-binary people in sport

Room C.03.077

Dr Sone Erikainen - University of Aberdeen and Finn Boyd - Scottish Athletics Youth Panel

There is a large number of people whose gender identity is non-binary and non-binary gender identities have also become increasingly visible in public discussions in recent years. This workshop aims to explore challenges around and opportunities for non-binary inclusive sports at both recreational and competitive levels, using scenarios to understand the challenges that non-binary people face and how they could be overcome or mitigated.

4) LGBTIQ+ changemakers in sport

Room C.03.079

Andy Paul - Athletics Pride Network, Rhiannon Hughes - Ibrox Pride and Esraa Husain - Trans Active Glasgow, Andrej Pišl - Out in Slovenia

From athlete networks, industry groups and fans groups to grassroots activists, there are many different emerging models and impactful ways for LGBTIQ+ people to affect change in sport. This session will hear from some of those changemakers directly.

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Parallel sessions

11:15 to 12:15 continued...

5) Equality, human rights, FIFA and Qatar - where are we?

Lecture hall

Pia Mann - Discover Football, Lou Englefield - Football v Homophobia & Piara Power- FARE

With the FIFA Men's World Cup just around the corner, we are in conversation with members of the International LGBTIQ Human Rights in Sport Alliance to ask what are the key human rights concerns for LGBTIQ+ people travelling to or living in Qatar, and whether meaningful change is possible.

14:45 to 15:45

1) LBTI Women in Sport

Room C.03.076

Sarah Townsend - EGLSF, Cara Shearer - LEAP Sports, Pia Mann - Discover Football

This interactive workshop will consider the experiences of LBTI women in sport and will explore some key issues through practice from the field. It will help us question the dominant discourse in sport in the continued fight for truly inclusive and diverse sport.

2) Homophobia in Scottish Football: what's the score?

Room C.03.075

Lloyd Wilson - Scottish Football Referee, Zander Murray - Football player Gala Fairydean Rovers, Emma Porteous - Glasgow West FC, Amy McDonald - Women & Girls Football Manager Rangers FC

As the women's game gains prominence, and more people come out in the men's game and across Scottish football, how will this help to change the persisting issues in the game? Our cross-section of football experts are keeping score.

3) Improving LGBTIQ+ health and wellbeing through physical activity and sport

Room C.03.077

Dr Heather Wood - Clinical Psychologist, Nicky Coia - Health Improvement Manager, David "Dirk" Smith

This session includes an exciting blend of data insights into the health and wellbeing needs and experiences of LGBTIQ+ people, with thought provoking practice experience contributions. The session will look at the role that physical activity and sport can play as essential components in tackling health inequalities.

4) Engaging with trans people to improve participation in sport

Room C.03.079

Dr Andrew Harvey - Swansea University, Blair Hamilton - University of Brighton, Martin Muñoz & Lea Marie Uría - Seitenwechsel

Enabling better outcomes in sport and physical activity for trans people is necessary to achieve sport for all. This session will challenge us to look at how we can work in partnership with trans people and groups to ensure that their voices and experiences are at the heart of policy making, decision making and research.

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Speakers



Amy McDonald (she/her)

Manager for Rangers Women's Football Club. Amy has played for the national team as well as for Hamilton, Kilmarnock, Queen's Park, Celtic and Glasgow City in the Scottish Women's Premier League.

Andrej (he/him)

Chair of Out in Slovenia, Andrej Pisl has been active in the field of human rights for over 20 years, with special interest in ensuring sport and recreation safe and enjoyable for LGBTIQ individuals and teams. Professionally, he works as the Communications and Projects Manager in the European University Sports Association.



Dr Andy Harvey (he/him)

Co-leader of the Differences in Sexual Development and Transgender Elite Sports Sport Study (DATES) at Swansea University. Andy has an academic background in psychosocial studies and is the author of Boys will be Boys: An Interdisciplinary Study of Sport, Masculinity and Sexuality. He has worked with several sports organisations and is currently undertaking research for the Professional Footballers Association in respect of players' understanding of sexuality and gender inclusion.

Andy Paul (he/him)

UKA Coach working with emerging elite junior & U23 athletes as well as proud founding member of the Athletics Pride Network under the British Athletics umbrella. Previously working as a Primary School Teacher, Andy has also worked for an NGB supporting the sport nationwide.



Blair Hamilton (she/her)

Lead investigator of study titled Sporting Performance of Athletes of the Gender Spectrum and a lecturer in exercise and health at the University of Brighton and an Associate Editor at the British Medical Journal Open Sport & Exercise Medicine. Her primary research interests are the effects of gender Affirming hormone treatment on the athletic performance of Transgender Athletes and her secondary research interest is how bone responds to mechanical stress during exercise and how bone health could be improved via exercise interventions. Blair is also an athlete in football, having recently being selected for the England Universities Squad.

Cara Shearer (she/her)

National Club Manager with Scottish Athletics and serving as a board trustee for LEAP Sports Scotland and Scottish Women in Sport, Cara strives to empower sporting organisations to modernise, become more inclusive and connect with their local communities.



Speakers



David "Dirk" Smith (he/him)

PhD student in sport/exercise science and psychology at the German Sports University in Cologne. Dirk holds his M.Sc in sport/exercise psychology from the German Sports University Cologne and B.Sc in sport/exercise science from Metropolitan State University Denver. Dirk is also the community manager for Virtual Sport Psych and the managing editor and director of education for Compete Sports Diversity.

Esraa Husain (they/she/he)

A facilitator, community curator and creative writer based in Scotland. They are the founder and director of U Belong Glasgow. Esraa is a member of LEAP Sports sub groups, Edinburgh Queer Hiking group, and LGBTQ+ in Sport group.

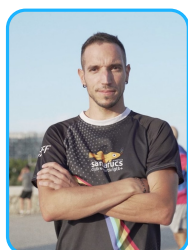


Dr Heather Wood (she/her)

Clinical Psychologist who works in NHS Gender Services. She has a particular interest in Sports and in her work she has seen the Mental Health, Wellbeing and Physical benefits for young trans people who are welcomed and encouraged to participate in Sports. In her personal life, she is a fair weather golfer, a fair tennis player and is in training for the Macmillan Keepy-Up Challenge!

Ivan Tarapčik (he/him)

Ivan is leading running & workout section of Lotosové kvety since 2018 and is co-chairman of the club since 2019. He is responsible for organizing regular running and yoga activities, including participation in Od Tatier k Dunaju relay run. He also helps with organizing Lotos Cup tournament in Volleyball, Floorball, Badminton and Running. He was active participant of CEEYOUSPORT project.



Javier Gil (he/him)

President of the Samarucs LGBT Sports Club. Since 2021, the Samarucs Valencia LGBT+ Sports Club has opened a space so that trans children can enjoy the benefits of sport. Their families can also share experiences and find out about the different situations they face. He is also part of the Spanish research network on sports and LGBT people and contributed to the candidacy for the celebration of the Gay Games Valencia 2026

Jon Holmes (he/him)

Freelance journalist and media consultant, specialising in LGBT+ inclusion in sport. Jon is the founder of Sports Media LGBT+ and sits on the steering committees of the Sports Journalists' Association, the Football Writers' Association and InterMedia UK. He was part of the team that delivered the successful Pride House Birmingham project at the 2022 Commonwealth Games. In 2022, he was nominated in the Outstanding Contribution to LGBT+ Life category at the British LGBT Awards.



Speakers

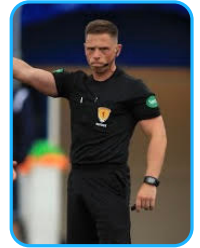


Jules Scheele (he/him)

Freelance illustrator, comics artist and live illustrator/graphic facilitator based in Glasgow. I specialise in graphic storytelling and illustrations that help translate and bring a human touch to difficult concepts. My personal work involves a lot of zine-making and is inspired by queer life and art, mental health and pop culture.

Lloyd Wilson (he/him)

Scottish Football Referee operating across the Scottish Premier Football Leagues. Lloyd began refereeing in 2010 and has contributed to the coaching and development of less experienced referees since commencing his refereeing journey. Lloyd is keen to use his experience as a professional in education, social work and sport to promote visibility of the LGBTIQ+ community.



Lou Englefield (she/her)

Founding Director of Pride Sports. She directs the international Football v Homophobia campaign, is Vice Chair of the FARE Network and is Co-Chair of Pride House International. Lou presents and speaks on issues of LGBTIQ+ inclusion in sport and physical activity globally and has ensured that Pride Sports has become a leading authority on LGBTIQ+ inclusion in sport and physical activity, at the forefront of insight, policy and practice.

Kelsey-Ann Caldwell (they/them)

Kelsey Ann has been a volunteer with LEAP Sports for over 4 years and supports at a range of events, conferences and projects. They are one of the volunteers with LEAP Sports' Gender Diverse Family Support Group, which provides a range of physical activity opportunities for gender diverse children and their families, in a safe and inclusive environment.



Madeleine Pape (she/her)

Sociologist of gender at the University of Lausanne whose work examines how knowledge claims about "sex" and "gender" shape policy across diverse institutional contexts. Madeleine's expertise is unique in combining a PhD in sociology (University of Wisconsin-Madison) with her background as an Olympic athlete, having competed for Australia in Athletics (800m) at the 2008 Olympic Games. Madeleine's work is also informed by her experience of racing against Caster Semenya at the 2009 World Championships.

Madeleine has been engaged by the International Olympic Committee (IOC) since March 2022 to support the rollout of the IOC Framework on Fairness, Inclusion, and Non-Discrimination.

Speakers



Marta Claver (she/her)

Vice President of the Samarucs LGBT Sports Club and coordinator of the multisport school for trans children. She is also a social educator in childhood and adolescence at risk of social exclusion. Since 2021, the Samarucs Valencia LGBT+ Sports Club has opened a space so that trans children can enjoy the benefits of sport. Their families can also share experiences and find out about the different situations they face.

Martin Muñoz (they/them)

A Spanish trans guy who live in Berlin since 2009 and try to bring more accessibility in sport to the trans, inter and non-binary Community. Project manager and club development at Seitenwechsel-Berlin (sport club).



Nicky Coia (he/him)

Nicky is Health Improvement Manager for Sexual Health with NHS Greater Glasgow and Clyde and chair of the Scottish Sexual Health Promotion Specialists Group. He has worked in the field of sexual health and HIV prevention since 1996 in both the voluntary sector and for the NHS. He is part of the Sandyford sexual health service management team within which he leads a dedicated sexual health improvement programme.

Pia Mann (she/her)

voluntary organizer with DISCOVER FOOTBALL, an NGO that uses football as a tool to promote womxn's empowerment and LGBTIQ+ rights. She is a founding member and active player of DFC (Discover Football Club) Kreuzberg, a grassroots-democracy based football club for womxn, lesbians, transgender, intersex, non-binary, agender persons (in German: FLINTA) in Berlin. In her professional life, she is a social worker and an LGBTIQ+ sensitization trainer.



Rhiannon Hughes (they/them)

Lifelong Rangers fan and a founding member of Rangers LGBTQ+ fans group Ibrox Pride. You can find her supporting Rangers Women FC on Sundays literally banging her own drum.

Sarah Townsend (she/her)

Co-president of EGLSF (European Gay & Lesbian Sports Federation). She sits on the ENGSO Equality Within Sport Committee (EWS) committee, which advises the Executive Committee on equality matters, and was one of the 15 experts of the European Commission High Level Group on Gender Equality in Sport. Sarah co-founded Activ'Elles04, to promote women's sport and to offer women living in a rural setting the opportunity to access these activities.



Speakers



Sue Strachan (she/her)

Sue Strachan was appointed as the President of Cricket Scotland in August 2020 on a 2-year contract. She became the first female President of Scotland Cricket in their 140 year history. Strachan has been on the Cricket Scotland Holdups Limited (CSHL) Board since 2016 and has also served on the Board of the Scottish Women's Football Association. Strachan is a doctor by training, serving for over 3 decades as a physician for NHS Scotland. Sue Strachan is a current Scottish Masters squash champion.

Dr Sone Erikainen (they/them)

Lecturer in sociology at the University of Aberdeen. Their research examines social and ethical issues pertaining to gender diversity, sports, and health, and much of their work is focused especially on questions around the inclusion and exclusion of non-binary, trans, and intersex people and people with variations of sex characteristics in sports and physical activity. They are the author of *Gender Verification and the Making of the Female Body in Sport*, a co-editor of *TERF Wars: Feminism and the Fight for Transgender Futures*, and co-author of the *Non-binary Inclusion in Sport: Rising to the Challenge* guide.



Verity Smith (he/him)

Mermaids' Trans Inclusion in Sports manager. Verity is a gay trans man and has a disability. He played elite women's rugby in both codes for 30 years and now plays in the wheelchair rugby UK superleague. He also supports D&I for the International Gay Rugby and World Gay Games.

Zander Murray (he/him)

First openly gay Scottish Football player. Plays for Gala Fairydean Rovers FC. Since coming out very recently Zander has been focusing on inspiring and supporting the younger generations as well as current footballers. He is working with partners to generate educational inputs and is actively promoting a positive message online.



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